Schisandra is a medicinal berry containing phenols and lignans with multiple healing properties that has been utilized in traditional Chinese medicine for hundreds of years. Primarily known for boosting liver function and helping with adrenal functions to help prevent adrenal fatigue. It can also be used to increase resistance to disease and stress, increasing energy, and increasing physical performance and endurance.

Schisandra contains dibenzocyclooctene lignans and other substances which:
- Support lung and adrenal gland function
- Boost energy and stamina
- Provide antioxidant activity
- Help cleanse the liver
- Ease the effect of everyday tension and stress

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.