

Q POWER



Coenzyme Q10 (CoQ10) is possibly the body's most important fat-soluble antioxidant that defends tissues from reactive, oxidative damage. Also known as ubiquinone, CoQ10 is found in the membranes of every cell in the body. CoQ10 is an essential component of the energy producing mitochondria power packs of cells. The heart, kidneys, liver, and muscles contain the body's highest tissue concentrations of CoQ10.

Some actions noted for Q Power include:

- **Essential antioxidant function:** CoQ10 serves several significant roles in maintaining overall cell integrity by preventing oxidation of membrane components and by regenerating other important antioxidants such as vitamin E. There is more than 20 times as much CoQ10 in cell membranes as there is vitamin E. The ratio of CoQ10 to vitamin E is even higher in mitochondrial membranes.
- **Key for energy production:** The body requires a constant production of energy to maintain cell and tissue function. A significant amount of energy produced by the body depends on adequate levels of cellular coenzyme Q10. Relatively high concentrations of CoQ10 normally exist in cardiac muscle.
- **Certain people need more coenzyme Q10:** Diabetes mellitus and "statin" cholesterol lowering drugs lower tissue CoQ10 levels. Evidence suggests biosynthesis of CoQ10 may be limited in many forms of heart disease, especially heart failure. CoQ10 has shown great promise as a beneficial supplement in people with neurological disorders such as Parkinson's disease, Lou Gehrig's disease (amyotrophic lateral sclerosis), and Huntington's chorea.

This product was made in a GMP and ISO 9001:2008 registered facility

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 30	
Amount Per Capsule	
Coenzyme Q ₁₀ (as ubiquinone)	100 mg*
*Daily Value not established.	

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and L-leucine.

V020-03/190529.02



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.