PREGNENOLONE

THE WELLNESS WAY

Pregnenolone is a compound made in the body from cholesterol that serves as a precursor to biosynthesis of steroid hormones. The adrenal hormones aldosterone and cortisol, as well as dehydroepiandrosterone (DHEA) and progesterone are derived from pregnenolone. In the ovary, pregnenolone is used to form estrogen and progesterone. In the testes, pregnenolone is a precursor to testosterone. Pregnenolone and its metabolite pregnenolone sulfate are also synthesized in the brain from cholesterol or other metabolites.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Capsule	
Pregnenolone (micronized) (derived from wild yam)	25 mg*

*Daily Value not established.

PGN2/191104.01

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and ascorbyl palmitate.

Some actions noted for Pregnenolone include:

• This product contains physiologically active pregnenolone derived from natural diosgenin sterols. Diosgenin is a compound extracted from wild yam that is converted into pregnenolone through a multi-step laboratory process. The human body cannot convert diosgenin or wild yam into pregnenolone.

• Pregnenolone may modulate N-methyl-D-aspartate (NMDA) and gamma aminobutyrate (GABA) receptor activity in the brain, thus reinforcing neurotransmitter systems that may decline with age. It may also help promote healthy immune system response and support positive mood states.

• Each vegetarian capsule supplies 25 mg of pregnenolone micronized to a very small particle size to facilitate absorption.

This product is free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.
This product was made in a GMP and ISO 9001 :2008 registered facility.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.