

LICORICE

Licorice root is an adaptogen. Adaptogens are a unique class of healing plants that help balance, restore, and protect the body. It does not have a specific action, rather, it adapts to the individual to help respond as needed to any influence or stressor, normalizing physiological functions. Licorice (the *glycyrrhiza glabra* variety) can be found growing in Europe, the Mediterranean and Asia, and has been used for hundreds of years for a number of purposes.

As an adaptogen, the benefits of Licorice are different for each individual, based on the needs of their system. However, some benefits include:

- Reduce heartburn and acid reflux
- Relieve nausea and indigestion
- Effective against functional dyspepsia

- Regulates cortisol
- Aids with adrenal fatigue
- Boosts immunity
- Sooth cough/sore throat
- General pain reliever

Manufactured in a GMP certified facility.
Manufactured in the USA. Certified Kosher.

SUPPLEMENT FACTS

Serving Size: 2.5mL

Servings Per Container: Approx. 71

| | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Calories 10 | | |
| Organic Licorice (<i>Glycyrrhiza glabra</i>) 1:2 Extract from 1.25 g Root | 2.5mL | ** |

**Daily Value Not Established.

Other Ingredients: Purified Water, Pure Alcohol
(45-55% by volume)



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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