

GREEN TEA EXTRACT



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WELLNESS
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This product provides a reliable, concentrated source of specific beneficial, active compounds that occur naturally in the green tea plant. Green, black, and oolong tea are all derived from the same plant, *Camellia sinensis*. Each has somewhat different characteristics depending on how the leaves are prepared. Green tea, unlike black and oolong tea, is not fermented, so the active constituents remain unaltered in the herb. Green tea extract supplies significant amounts of catechin polyphenols, natural compounds in tea that provide antioxidant protection, increase energy expenditure, and promote fat oxidation.

Some of the actions noted for Green Tea Extract include:

Extra Potent Extract: Green tea contains several natural, bioactive substances well recognized for their potential health benefits, including important polyphenol compounds. Catechins are the most abundant class of polyphenols in tea. The principle and most active catechin in green tea is epigallocatechin gallate (EGCG). Other constituents of green tea include L-theanine, caffeine, tannins, and theaflavins. The green tea extract used in this product contains significantly higher amounts of EGCG compared to most green tea extracts. It provides 95% polyphenol content supplying 40% catechins as EGCG.

Antioxidant Benefit: Green tea polyphenols are potent antioxidants that reduce free radical induced damage contributing to the inflammatory process. They enhance antioxidant enzyme activities as well as inhibit membrane lipid peroxidation. Their antioxidant potential is related to their ability of the hydroxyl groups to bind and neutralize free radicals.

Green tea polyphenols also inhibit the production of arachidonic acid metabolites such as prostaglandins and leukotrienes, resulting in a decreased inflammatory response.

This product is free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.

This product was made in a GMP and ISO 9001:2008 registered



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.