

CY COMPLEX



This probiotic supplement is a novel blend of four probiotic microorganisms each documented to support the normal gastrointestinal flora during antibiotic therapy. A potent combination of *Saccharomyces boulardii*, *Lactobacillus rhamnosus*, *Bifidobacterium bifidum*, and *Bifidobacterium breve*, this formulation is designed to sustain and reinforce the protective intestinal microflora crucial for reducing the occurrence of gastrointestinal symptoms associated bowel disorders.

Frequently Asked Questions

What Are Probiotics? Probiotic dietary supplements contain live, “friendly” bacteria and/or yeast that support intestinal microbial balance and beneficially influence human health. Probiotics have been shown to reduce the gastrointestinal complications of antibiotic and immunosuppressant therapies and to help maintain a balanced gastrointestinal microflora important for healthy gastrointestinal and immune system function.

Probiotics & Antibiotic-Associated Diarrhea

Antibiotic-associated diarrhea (AAD) is a common consequence of antibiotic therapy, affecting up to 40% of all people treated with antibiotics. A recent meta-analysis of 25 randomized, controlled trials found that probiotics significantly reduced the relative risk of AAD by 57%.

The specific actions of the microorganisms in this product include:

- *S. boulardii* is a non-pathogenic probiotic yeast that has broad, versatile gastrointestinal effects. It can help favorably modulate the normal gastrointestinal microbiota, stimulate host immune defenses, improve gut barrier function, and reduce the harmful effects of undesirable organisms.
- *L. rhamnosus* favorably enhances immunity, inhibits production of proinflammatory compounds, and augments antibody responses.
- *B. bifidum* and *B. breve* are indigenous to the colon's microflora and are highly beneficial for normal bowel function. Because they are very sensitive to most antibiotics, replenishing their populations helps suppress overgrowth by pathogenic microbes such as *Clostridium difficile* and *Candida albicans*.

This is a hypoallergenic product free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, and soybeans.

Contains no artificial colors, flavors, or preservatives. This product was made in a GMP and ISO 9001:2008 registered facility

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Capsule

Probiotic Blend (10 billion CFU) in a base 400 mg*
of inulin (derived from chicory root)

<i>Saccharomyces boulardii</i>	5.0 billion CFU*
<i>Lactobacillus rhamnosus</i>	2.5 billion CFU*
<i>Bifidobacterium bifidum</i>	1.25 billion CFU*
<i>Bifidobacterium breve</i>	1.25 billion CFU*

*Daily Value not established.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.