

D₃K₂ VITAMINS

Vitamin D is known as “the sunshine vitamin” because your body can produce it when your skin is exposed to sunlight. However, it is more than just a vitamin; it acts as a hormone precursor to calcitriol, a powerful steroid hormone that regulates over 1,000 genes in the body. Calcitriol plays a critical role in bone strength by supporting the regeneration of bone cells called osteoblasts.

Despite its importance, vitamin D deficiency is one of the most common nutrient deficiencies in the U.S.. Modern lifestyles that keep people indoors mean that most people rarely get the vitamin D they need, even those living in sunny climates. This product uses vitamin D3 (Cholecalciferol), which has much better bioavailability and is more efficiently absorbed by the body than vitamin D2. Each capsule contains 125mcg (5,000IU) of vitamin D3.

For vitamin D to work optimally, it needs vitamin K2. The two vitamins work synergistically, meaning each nutrient helps the other perform its functions. Taking both nutrients together is more effective than taking either one by itself.

SUPPLEMENT FACTS		
Serving Size: 1 capsule		
Servings Per Container: 120		
	Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol)	125mcg	625%
Vitamin K (as Menaquinone -7)	45mcg	37.5%
**Daily Value Not Established.		

Other Ingredients: Cellulose [Capsule]

The preferred supplemental source of vitamin K is vitamin K2 because of its superior bioavailability compared to K1. This product contains 45mcg of vitamin K2 in the form of Menaquinone-7 (MK-7) per capsule.

These vitamins have been shown in scientific studies to:

- Support strong, healthy bones
- Increase bone re-mineralization
- Support a normal immune response
- Provide anti-inflammatory activity
- Promote an uplifted mood
- Promote a healthy gut microbiome
- Support flexible arteries for cardiovascular health

The human body is like a finely tuned Swiss watch, with each gear (organ system) affecting all the others. For more information or to get tested, contact a Wellness Way clinic. We'll help you understand how your body is currently functioning and the best ways to support it!



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.



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