

UVA URSI

Uva Ursi (*Arctostaphylos Uva-Ursi*), also known as “bearberry” or “bear’s grape,” is a low-growing evergreen shrub native to Europe, Asia, and North America. It belongs to the Ericaceae (heather) family and is characterized by its small, leathery leaves and red berries.

Uva Ursi has long been used in traditional medicine systems, including Native American herbalism, Ayurveda, and Traditional Chinese Medicine (TCM) for its health benefits. It was historically used to encourage healthy urinary tract function due to its antimicrobial and anti-

inflammatory properties. Typical preparations include teas and herbal tinctures.

Uva Ursi’s leaves contain a complex mixture of flavonoids, glycosides, polyphenols and other compounds, such as arbutin, hydroquinone, tannins, and triterpenes. These constituents are believed to contribute to its health benefits.

Uva Ursi has been shown in scientific studies to:

- Support healthy kidneys and urinary function

SUPPLEMENT FACTS

Serving Size: 2.5mL
Servings Per Container: Approx. 71

	Amount Per Serving	% Daily Value
Calories	5	
Organic Uva Ursi (<i>Arctostaphylos Uva-Ursi</i>) 1:2 Extract from 1.25 g Herb	2.5mL	**

**Daily Value Not Established.

Other Ingredients: Purified Water, Pure Alcohol
(45-55% by volume)



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.



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