

REHMANNIA

Rehmannia (*Rehmannia glutinosa*), also known as Chinese foxglove, is a perennial herb native to East Asia, particularly China and Korea. The plant produces tubular flowers of various colors, including pink, purple, and white. The most valuable part of the Rehmannia plant for medicinal purposes is its fleshy, tuberous roots. The roots are often harvested in the fall and can be used either fresh or dried.

Rehmannia has been used for centuries for numerous health conditions. In Traditional Chinese Medicine (TCM), it was used to tonify kidney yin, nourish the blood, and strengthen the Jing. It's also been used to support the liver and kidneys, alleviate symptoms of dryness, promote vitality, and support healthy aging.

Rehmannia contains a long list of beneficial components, including vitamins, amino acids, beta-sitosterol, calcium, copper, glucose, glucosamine, rehmaglitin, histidine, mannitol,

and zinc. Rehmannia's more than 140 distinct constituents have been shown to support numerous biological functions.

Rehmannia has been shown in scientific studies to:

- Support a healthy immune response
- Provide anti-inflammatory activity
- Support healthy blood cell production



SUPPLEMENT FACTS

Serving Size: 2.5mL

Servings Per Container: Approx. 71

	Amount Per Serving	% Daily Value
Calories	10	
Rehmannia (<i>Rehmannia glutinosa</i>) 1:2 Extract from 1.25 g Root	2.5mL	**

**Daily Value Not Established.

Other Ingredients: Pure Alcohol, (80-90% by volume), Purified Water

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.



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