

PREGNENOLONE

Pregnenolone, often called the “mother hormone,” serves as the foundational precursor to all steroid hormones in the body, including cortisol, DHEA, progesterone, estrogen, and testosterone. Supporting healthy pregnenolone levels may help maintain optimal hormone levels, energy, mood, and cognitive function.

Pregnenolone supplements have been shown in scientific studies to:

- Enhance memory and cognition
- Support an uplifted mood
- Provide anti-inflammatory activity
- Support balanced cholesterol levels

This supplement provides physiologically active pregnenolone derived from natural diosgenin sterols and is micronized to a very small particle size for optimal absorption and

bioavailability. Because pregnenolone influences many hormone pathways, appropriate usage and dosing should be determined by your Wellness Way doctor to best support your health needs.

The human body is like a finely tuned Swiss watch, with each gear (organ system) affecting all the others. For more information or to get tested, contact a Wellness Way clinic. We'll help you understand how your body is currently functioning and the best ways to support it!

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Capsule

Pregnenolone (micronized) 25 mg*
(derived from wild yam)

*Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and ascorbyl palmitate.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.



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