

LICORICE

Licorice (*Glycyrrhiza glabra*) is a perennial herb native to Europe, Asia, and the Middle East. It has been used for thousands of years, and its usage is documented in ancient Assyrian and Egyptian texts. Traditional Chinese Medicine (TCM), Ayurveda, and European herbalism have continued to value Licorice for its medicinal properties. The root is the part of the plant most often used for medicinal purposes.

Licorice root was traditionally used for respiratory, circulatory, liver, and kidney-related conditions. It was prepared in teas, infusions, powders, and decoctions and added to dishes, beverages, or candies. Some people would even chew on the whole root to soothe a sore throat or freshen breath.

Licorice root contains various bioactive compounds, including glycyrrhizin, glycyrrhetic acid, flavonoids, and polysaccharides, which contribute to its potential health benefits. Glycyrrhizin is one of the most studied compounds.

Licorice has been shown in scientific studies to:

- Support a healthy gut mucosal lining
- Promote healthy adrenal function and support healthy cortisol levels
- Soothe the mucus surfaces of the throat

While our supplements are considered safe for most people when used as directed, some can interact with some medications and may not be suitable for individuals with certain health conditions. That's why it's essential to work with your Wellness Way clinic.

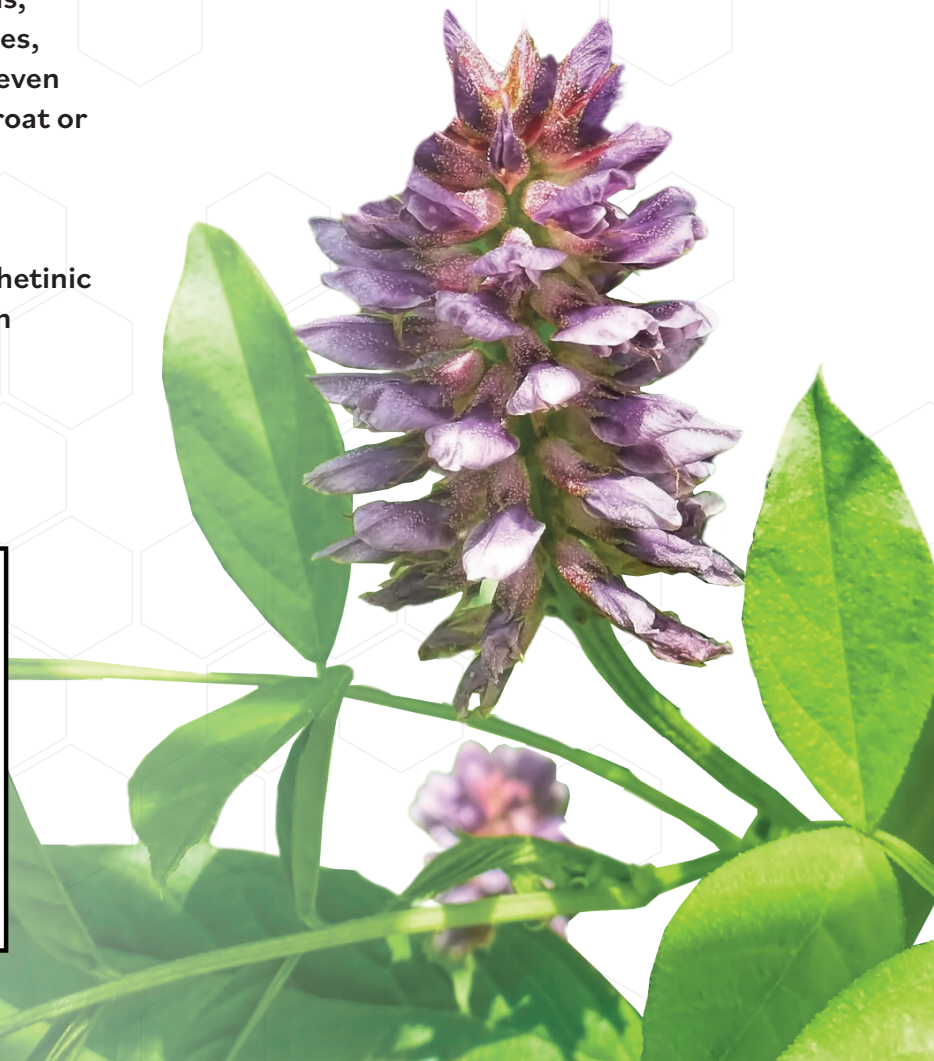
SUPPLEMENT FACTS

Serving Size: 2.5mL
Servings Per Container: Approx. 71

	Amount Per Serving	% Daily Value
Calories	10	
Organic Licorice (<i>Glycyrrhiza glabra</i>) 1:2 Extract from 1.25 g Root	2.5mL	**

** Daily Value Not Established.

Other Ingredients: Purified Water, Pure Alcohol
(45-55% by volume)



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.



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